



HELMET

Protects your brain against serious injury – don't ride without one!

JACKET

Protects against road rash, sunburn, rain and dehydration.

GLOVES

Keep your hands cool, comfortable and protected with a better grip on your handlebars.

PANTS

Riding pants made from stronger materials protect your legs, hips and knees.

BOOTS

Motorcycle boots protect against foot and ankle injuries, giving you a good grip on footrests or road surfaces.

CHOOSING THE RIGHT GEAR FOR YOUR RIDE

The protective gear you wear, how it fits, and the colour will help to increase your level of comfort and safety.

Don't think because it gets hot in the Territory that you can't be fully covered and still stay cool!

Be Seen! Choose clothing with light or high contrasting colours and reflectives to increase your visibility on the road.

Motorcycle clothing is made from stronger, higher quality materials than your regular denim jeans and work boots, and are made to withstand impact and friction from the road. Whether its leather or textile, they:

- are highly abrasion-resistant
- can be fitted with impact protectors to protect your body
- can include mesh panels to provide ventilation and air flow to help keep you cool in hot weather.

To learn more about what to look for in motorcycle clothing, visit the MotoCap website motocap.com.au which rates jackets, pants and gloves for their abrasion resistance and level of comfort. This allows you to compare the gear before buying.

To find the safety rating of motorcycle helmets visit the CRASH website crash.org.au

For more information contact:

roadsafety@nt.gov.au
towardszero.nt.gov.au



MACC



DRESS FOR THE RIDE AND THE SLIDE

Read how to prevent and reduce serious injuries with the right protective riding gear



MACC



Serious head and brain injuries

Shoulder injuries

Severe cuts

Hand and finger damage

Wounds and infections from road contact

Foot and toe damage or amputation





MOTORCYCLE ACCIDENTS

DONT THINK IT WILL HAPPEN TO YOU?

Motorcyclists have 18 times the risk of death or serious injury in a crash, regardless of whose fault it is.

You ride because you love the freedom it gives you. We get it. But as a rider, you are one of the most vulnerable people on the road and therefore you have to be extra vigilant to stay safe. There is no barrier between you and the outside world, and drivers or other road users may have a harder time seeing you too. It's not just a matter of if you will have a crash, but when.

SOUND SCARY?

Well, there is something else you can do (besides improve your riding ability) to reduce your risk of crashing but also prevent nasty injuries if you do.

PROTECTIVE GEAR

The next biggest expense after buying your motorcycle, should be buying protective gear. You can spend thousands of dollars buying a nice bike, why not save a little extra to spend on protective gear that can literally save your skin?

Good gear actually improves your riding experience and enjoyment by protecting you from the elements that take the fun out of riding. It can keep you safer by reducing distraction, fatigue and dehydration, and making you more visible to others on the road.



THE REAL COST OF INJURY

Don't think it's worth the cost to buy?
Think again.

Most riders resist buying protective gear because of the perceived high cost, inconvenience, discomfort or lack of knowledge. Now, let's put that into perspective and understand the true cost of not wearing protective gear.

- Gravel rash, cuts and friction burns.
- Breaks and fractures.
- Limb amputations.
- Loss of bodily functions.

There's more than just the initial pain and costs that come from a crash. You've also got to consider the ongoing:

- hospital bills and rehabilitation
- months of skin grafts
- post-injury infections or complications
- insurance costs
- loss of income while you are recovering.

WHICH GEAR, AND WHY?

HELMET

Your helmet is your most important piece of gear. It protects against head injury, windblast, rain and flying objects such as bugs and road debris.

Not only is it a life saver, it's required by law that all motorcyclists and their pillions (aka passengers) wear an approved motorcycle helmet that complies with Australian Standards 1698:1988 or AS/NZS 1698:2006) or UN ECE 22.06. More important than how it looks, is how it fits. Make sure your helmet fits comfortably and doesn't move or slip before you buy.

JACKET

- Protects against road rash, sunburn, rain and dehydration.
- Some are fitted with impact protectors, or body armour, for high-risk injury zones on the body (such as shoulders, elbows and back).
- Riding through rain can hurt. Jackets offer more protection than a t-shirt and will help keep you dry in wet weather with water resistant materials or liners.

GLOVES

- Keep your hands cool, comfortable and protected with a better grip on your handlebars.
- Gloves should cover your entire hands and wrists.
- They help absorb much of the bike's vibration while riding and protect your hands if you fall.
- Gloves should have multiple layers of protective material over the palm as well as impact protectors for the knuckles and wrists.



PANTS

- Riding jeans and pants are made from stronger materials and protect your legs, hips and knees.
- They can keep you cool with fitted ventilation and protect you from sunburn, rain and engine heat.
- Regular denim jeans are not abrasion resistant and will last less than 1 second sliding along the road.

BOOTS

- Motorcycle boots protect against foot and ankle injuries, giving you a good grip on footrests or road surfaces.
- Protect you from the bike's exhaust pipes, road debris and weather conditions.
- They should fit comfortably and cover your feet, ankles and lower shins.
- Sneakers, sandals or anything else that doesn't cover the entire foot and ankle will not protect you.